

Useful maps for beginners and cyclists

Check out the three ports that form the basis for bicycling around the island!

Izu Oshima has two passenger ports: Motomachi Port and Okata Port. Which port ships and ferries dock at is decided on the morning of each service based on weather and ocean conditions.

Enlarged map of area around Okata Port



There are tunnels along the inbound section between Okata Port and the Oshima Circuit Road. When riding a bike, follow the signs and take the route through the local neighborhoods rather than going through the tunnels.

Enlarged map of area around Motomachi Port

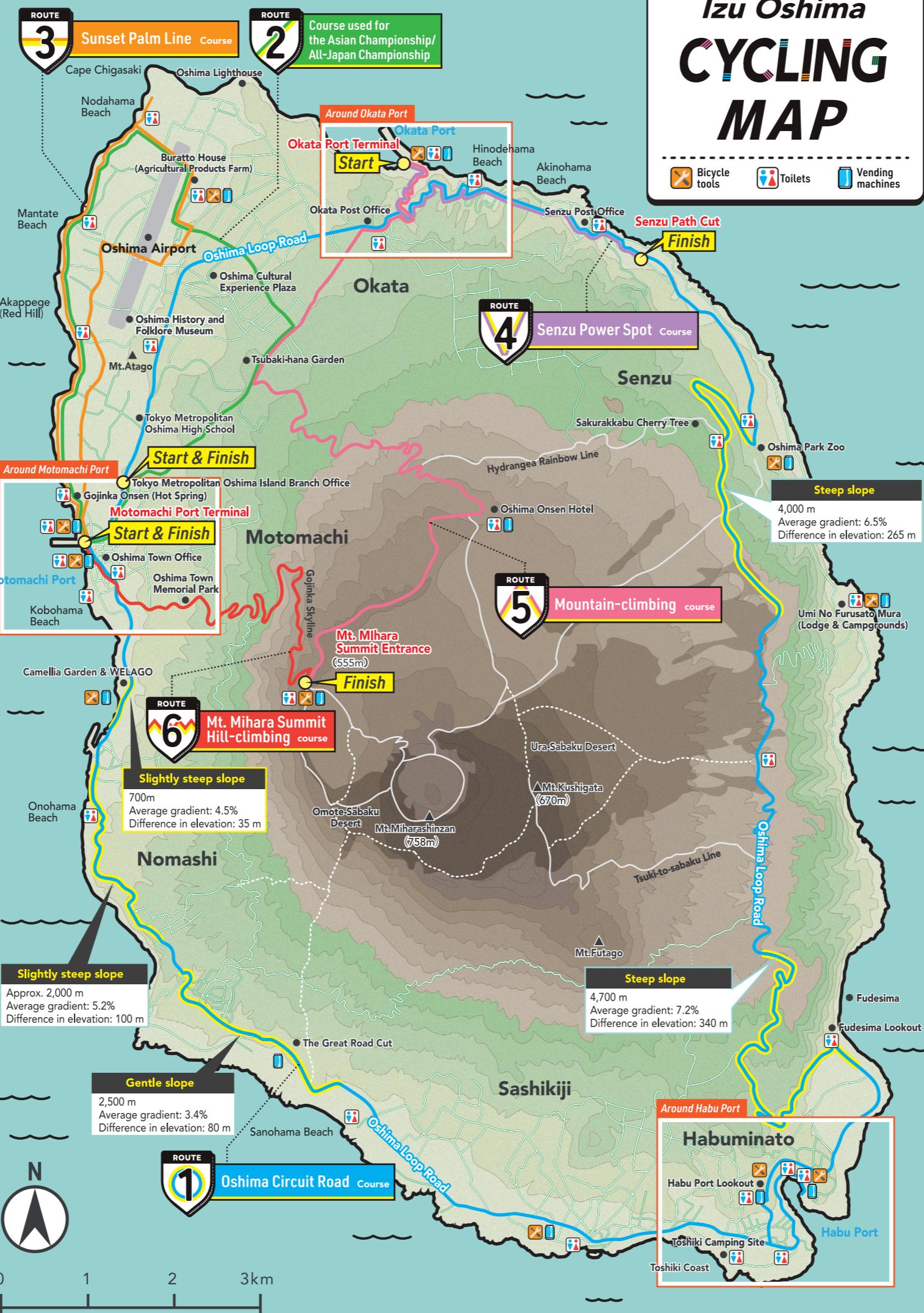


The Oshima Tourism Association, Town Office, banks, and other facilities are located in Motomachi Port. With hot spring facilities where you can relax and wash away the sweat as well as numerous restaurants, souvenir shops, and other services, this port makes a good base for sightseeing around Oshima.

Enlarged map of area around Habu Port



This port is in the southern part of the island. It is the perfect spot for resting your legs when taking the Oshima Circuit Road course. Some pathways are all stairs, so be careful!



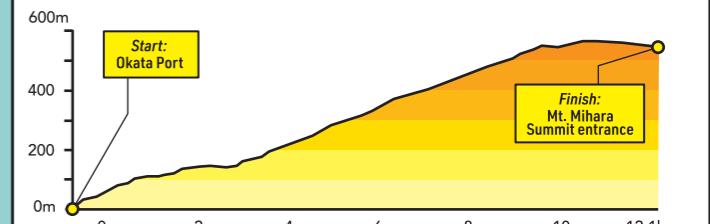
Izu Oshima CYCLING MAP

Introducing recommended courses for cyclists

ROUTE 5

Mountain-climbing course

Difficulty level	Distance	Time required	Elevation gain
★★★	Approx. 12.1 km	1 hours excluding sightseeing/ rest stops	Approx. 563 m



Enjoy spectacular scenery from the summit!

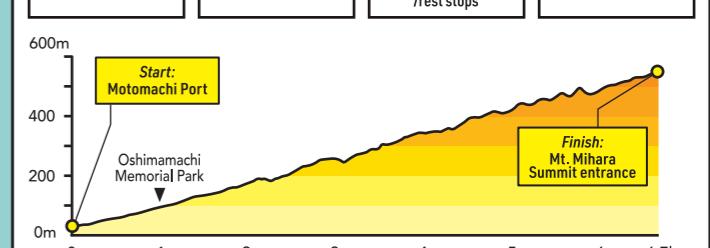


This course takes you up to the summit of Mt. Mihara (elevation: 555 m), Izu Oshima's symbol. Bike riders need to be careful because buses and cars also use this road, but the broad road width and comparatively gentle climb make this a recommended hill-climbing route.

ROUTE 6

Mt. Mihara Summit Hill-climbing course

Difficulty level	Distance	Time required	Elevation gain
★★★★	Approx. 6.7 km	1-2 hours excluding sightseeing/ rest stops	Approx. 526 m



Superb views from the Gojinka Skyline!



Photograph courtesy of Izu Oshima Navi
Climb the dynamic uphill road while enjoying the stunning Pacific Ocean scenery. While the climb is on the difficult side with a steep gradient of 19.4%, the views from the finish point are simply breathtaking. Enjoy the sky-ocean gradation.